

# WEEKLY MENU

## MONDAY

SOUP  
CREAM OF TOMATO

HOT MAIN CHOICE  
BUTTER Chicken BREAST  
CURRY WITH STEAMED  
RICE

HOT VEGETARIAN MAIN  
CHOICE  
VEGETARIAN SHEPHERDS  
PIE WITH CARROTS

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR CHEESE  
SAUCE

DAILY SALAD CHOICE

DESSERT  
JAM SPONGE WITH  
CUSTARD

OR  
ORANGE JELLY WITH  
CREAM

## TUESDAY

SOUP  
RED LENTIL & CARROT

HOT MAIN CHOICE  
STEAK PIE, MASH  
POTATOES & CARROTS

HOT VEGETARIAN MAIN  
CHOICE  
VEGETARIAN FAJITA WITH  
SWEET CHILLI SAUCE,  
ROAST POTATO WEDGES  
AND CORN ON THE COB

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR  
CHARGRILLED VEGETABLES  
IN A TOMATO & HERB  
SAUCE

DAILY SALAD CHOICE

DESSERT  
APPLE CRUMBLE WITH  
CUSTARD  
OR  
STRAWBERRY CHEESECAKE

## WEDNESDAY

SOUP  
VEGETABLE BROTH

HOT MAIN CHOICE  
CHICKEN BREAST FAJITA  
WITH SWEET CHILLI SAUCE  
WITH POTATO WEDGES  
AND SWEETCORN

HOT VEGETARIAN MAIN  
CHOICE  
CHEDDAR CHEESE LEEK &  
POTATO BAKE

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR CHICKEN  
& HAM FRICASSEE

DAILY SALAD CHOICE

DESSERT  
LEMON DRIZZLE

OR  
FLAPJACK

## THURSDAY

SOUP  
POTATO & LEEK

HOT MAIN CHOICE  
ROAST TOP SIDE OF BEEF  
WITH HOMEMADE  
YORKSHIRE GRAVY,  
BATTON CARROTS AND  
ROAST POTATOES

HOT VEGETARIAN MAIN  
CHOICE  
CHARGRILLED CAJUN  
VEGETABLES WITH  
NACHOS

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR  
ROASTED MED VEG

DAILY SALAD CHOICE

DESSERT  
APPLE TART & CUSTARD  
OR  
CHOCOLATE BROWNIE

## FRIDAY

SOUP  
MINISTRONE

HOT MAIN CHOICE  
BREADED HADDOCK  
FILLET, CHIPS AND BAKED  
BEANS

HOT VEGETARIAN MAIN  
CHOICE  
SPICED VEGETABLE AND  
CHICKPEA TAGINE WITH  
COUSCOUS

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR BEEF  
BOLOGNAISE

DAILY SALAD CHOICE

DESSERT  
STEAMED SYRUP SPONGE

OR  
CHOCOLATE MOUSSE



# WEEKLY MENU

## MONDAY

### SOUP

Root vegetable

### HOT MAIN CHOICE

Chilli con carnie with nachos sour cream and salsa

### HOT VEGETARIAN MAIN CHOICE

Cajun spiced roasted vegetable with quorn

### BAKED POTATOES & PASTA CHOICE

BAKED BEANS or chicken curry

### DAILY SALAD CHOICE

### DESSERT

Lemon Drizzle cake  
OR

ORANGE JELLY WITH CREAM

## TUESDAY

### SOUP

Yellow split pea

### HOT MAIN CHOICE

Chicken & ham pie , MASH POTATOES & CARROTS

### HOT VEGETARIAN MAIN CHOICE

Traditional Mac & Cheese

### BAKED POTATOES & PASTA CHOICE

BAKED BEANS OR Spiced beef & peppers

### DAILY SALAD CHOICE

### DESSERT

Chocolate fudge cake & custard sauce  
OR

OR STRAWBERRY/lemon CHEESECAKE

## WEDNESDAY

### SOUP

Sweetcorn chowder

### HOT MAIN CHOICE

Tandoori chicken With chargrilled vegetables

### HOT VEGETARIAN MAIN CHOICE

Grilled Mediterranean vegetable and mozzarella on toasted ciabatta

### BAKED POTATOES & PASTA CHOICE

BAKED BEANS OR Tomato & basil sauce

### DAILY SALAD CHOICE

### DESSERT

Apple crumble  
OR

OR FLAPJACK

## THURSDAY

### SOUP

Moroccan chickpea & broad bean

### HOT MAIN CHOICE

ROAST of the day WITH HOMEMADE YORKSHIRE GRAVY, BATTON CARROTS AND ROAST POTATOES

### HOT VEGETARIAN MAIN CHOICE

Giant butterbean stew topped with feta cheese

### BAKED POTATOES & PASTA CHOICE

BAKED BEANS Or butterbean stew

### DAILY SALAD CHOICE

### DESSERT

Bakewell tart & CUSTARD  
OR  
Fruit pots

## FRIDAY

### SOUP

Lentil & tomato

### HOT MAIN CHOICE

BREADED HADDOCK FILLET, CHIPS AND BAKED BEANS

### HOT VEGETARIAN MAIN CHOICE

Margarita pizza

### BAKED POTATOES & PASTA CHOICE

BAKED BEANS OR three cheese sauce

### DAILY SALAD CHOICE

### DESSERT

Steamed rice pudding with peaches  
OR

Marangue Nest with cream & berries



# WEEKLY MENU

## MONDAY

SOUP  
CREAM OF TOMATO

HOT MAIN CHOICE  
Spaghetti bolognaise with  
garlic bread and parmesan  
cheese

HOT VEGETARIAN MAIN  
CHOICE  
Roasted chickpea wraps  
With avocado and yoghurt

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR  
vegetable ravioli

DAILY SALAD CHOICE

DESSERT  
Pinnacle PONGE WITH  
CUSTARD

OR  
ORANGE JELLY WITH  
CREAM

## TUESDAY

SOUP  
VEGETABLE BROTH

HOT MAIN CHOICE  
Cottage pie with carrots &  
peas

HOT VEGETARIAN MAIN  
CHOICE  
Quorn cottage pie

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS or chilli

DAILY SALAD CHOICE

DESSERT  
Orange DRIZZLE  
Slice

OR  
FLAPJACK

## WEDNESDAY

SOUP  
POTATO & LEEK

HOT MAIN CHOICE  
ROAST TOP SIDE OF BEEF WITH  
HOMEMADE YORKSHIRE  
GRAVY, BATTON CARROTS AND  
ROAST POTATOES

HOT VEGETARIAN MAIN  
CHOICE  
Smoked paprika cod and pea  
paella

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR ROASTED  
MED VEG

DAILY SALAD CHOICE

DESSERT  
APPLE TART & CUSTARD

OR  
CHOCOLATE BROWNIE

## THURSDAY

SOUP  
RED LENTIL & CARROT

HOT MAIN CHOICE  
STEAK PIE, MASH  
POTATOES & CARROTS

HOT VEGETARIAN MAIN  
CHOICE  
VEGETARIAN FAJITA WITH  
SWEET CHILLI SAUCE,  
ROAST POTATO WEDGES  
AND CORN ON THE COB

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR  
CHARGRILLED VEGETABLES  
IN A TOMATO & HERB  
SAUCE

DAILY SALAD CHOICE

DESSERT  
APPLE CRUMBLE WITH  
CUSTARD  
OR  
STRAWBERRY CHEESECAKE

## FRIDAY

SOUP  
MINESTRONE

HOT MAIN CHOICE  
BREADED HADDOCK  
FILLET, CHIPS AND BAKED  
BEANS

HOT VEGETARIAN MAIN  
CHOICE  
SPICED VEGETABLE AND  
CHICKPEA TAGINE WITH  
COUSCOUS

BAKED POTATOES & PASTA  
CHOICE  
BAKED BEANS OR BEEF  
BOLOGNAISE

DAILY SALAD CHOICE

DESSERT  
STEAMED SYRUP SPONGE

OR  
CHOCOLATE MOUSSE

